CBR and Community-based Inclusive Development

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Alma-Ata 1978

- Health For All
- Fundamental Human Right
- Closer to people/community
- Socio-economic development
- Partnership with other sectors
CBR

- Principles of Alma-Ata
- Optimum use of community resources and PHC
- Role of volunteers
CBR is being practiced in more than 90 countries
Common Approach
- Physiotherapy
- Assistive devices
- Corrective surgery
- Education/schooling
- Accessible classroom and toilet
- Accessible environment
- Vocational training
- Income to family

Peoples Need
- Income
- Food
- Clothes
- Better shelter and toilet
- Water
- Education - School
- Treatment or cure
- Assistive device
- Exercise
Primary Health Care (PHC)
30 years of Alma-Ata
The emerging vision of PHC

4 areas for reforms

- mobilize beyond the health sector
- give visibility to inequalities
- reach the unreached
International consultation to review community-based rehabilitation - 2003

- Reduce poverty
- Promote community involvement and ownership
- Foster multisectoral collaboration
- Involve DPOs
- Scale – up – reach the unreached
- Develop evidence-based practice
CBR Joint Position Paper

- CBR is a strategy for
  - Rehabilitation
  - equalization of opportunities
  - poverty reduction
  - social inclusion
- CBR is a multisectoral strategy
Next step in the process

CBR Guidelines
CBR guidelines development process

1st Meeting Nov'04
attended by 65 CBR experts

- CBR pioneers
- Representatives from
  - UN Organizations
  - Governments
  - Leading INGOs
  - Disabled People’s Organizations
  - Professional Organizations

- A CBR framework for inclusive development
Poverty and Disability

- Majority of disabled people live in chronic poverty.
- Poverty is not just the lack of money or income, it has many facets.
- Poverty erodes or nullifies economic and social rights such as the right to health, adequate housing, food and safe water, and the right to education.
The universe of well-being

Other health related domains
Education
Livelihood
Participation
Etc.

Health domains
Seeing
Speaking
Remembering
Etc.

[Image of people engaged in various activities]
Total well-being

- Health
- Physical
- Mental
- Social

- Education

- Economic
CBR Matrix and its Aim

- Assist in **poverty reduction** and its various facets
- Empower to affirm **human rights**
- Promote **quality of life and well-being** of people with disabilities and their families

Facilitate Inclusive Development for people with disabilities and their families.
CBR Matrix

- Focuses on the five key domains (components): Health, Education, Livelihood, Social and Empowerment. Each component has five sub-headings (elements).

- It is not possible for one organization/department/ministry to cover all the components; hence it is essential to develop alliances and partnerships with the stakeholders responsible for other elements and components in order to reduce poverty and promote well-being.
CBR Matrix

- The CBR Matrix focuses primarily on meeting basic needs and then impairment specific needs.
- Special focus needs to be given to ensure women with disabilities and people with complex needs are included in the CBR.
- Work towards inclusive health, inclusive education, inclusive livelihood and inclusive society; needs to be an aim and outcome of any CBR programme.
- Inclusive Development to achieve Inclusive Society
Inclusive Development

Development

Inclusive approach/CBR

Inclusive Development
Inclusive Development: Capital to Community

- Experiential evidence shows that the benefits of development initiatives often remain with a section of people or in capital/big cities.
- To ensure universal coverage, all development initiatives need to be community centered, community controlled and preferably community owned.
- This ensures that development reaches the poor and marginalized and facilitate more realistic and sustainable initiatives.
Capital to Community

- **Community-Based Initiatives** - bottom-up socio-economic development models that rely on full community ownership and intersectoral collaboration.

- **Community-Based Development** - ensures that development taking place within community with active participation of the community to achieve self-reliance.

- **Community Driven Development** - emphasizes community participation and provides an opportunity to integrate the concerns of the disabled into development initiatives.
Community Based Inclusive Development

Community Based Approach

Inclusive Development

Community Based Inclusive Development
Development needs to become inclusive and community-based

CBR Matrix conceptualizes a vision of community-based inclusive development to ensure people with disabilities living in the community are integral in all development initiatives.

CBR Matrix facilitates and promotes inclusive development at community level, a bottom up approach to ensure development really becomes inclusive.
Community Based Inclusive Development

- Community-based inclusive development will facilitate development initiatives to become disabled people centered and community centered.
- Address their needs as well as the community and build their capacity.
- Remove barriers for active participation and at the same time to promote community action.
- Foster self-reliance, equal rights and opportunities.
CBR and Convention

- Both are interlinked. Many articles and general principles of Convention are also integral to CBR.
- CBR is a multi-sectoral, bottom-up strategy to ensure that the Convention makes a difference at the grassroots level, through individual and group empowerment – bringing a change in the community.
- Convention provides the policy and legal framework. CBR provides the operational methodology: the two are mutually reinforcing.
Now More Than Ever

- Realizing the inequalities in health status countries are calling for a radical shift in Global Health policy based on PHC, WHO has called for “PHC – Now More Than Ever”.

- Echoing this, keeping the Convention and other International and national legislations/guidelines in mind we need to call for “CBR – Now More Than Ever”.

Community-Based Rehabilitation

Thank you – Kapun Khap