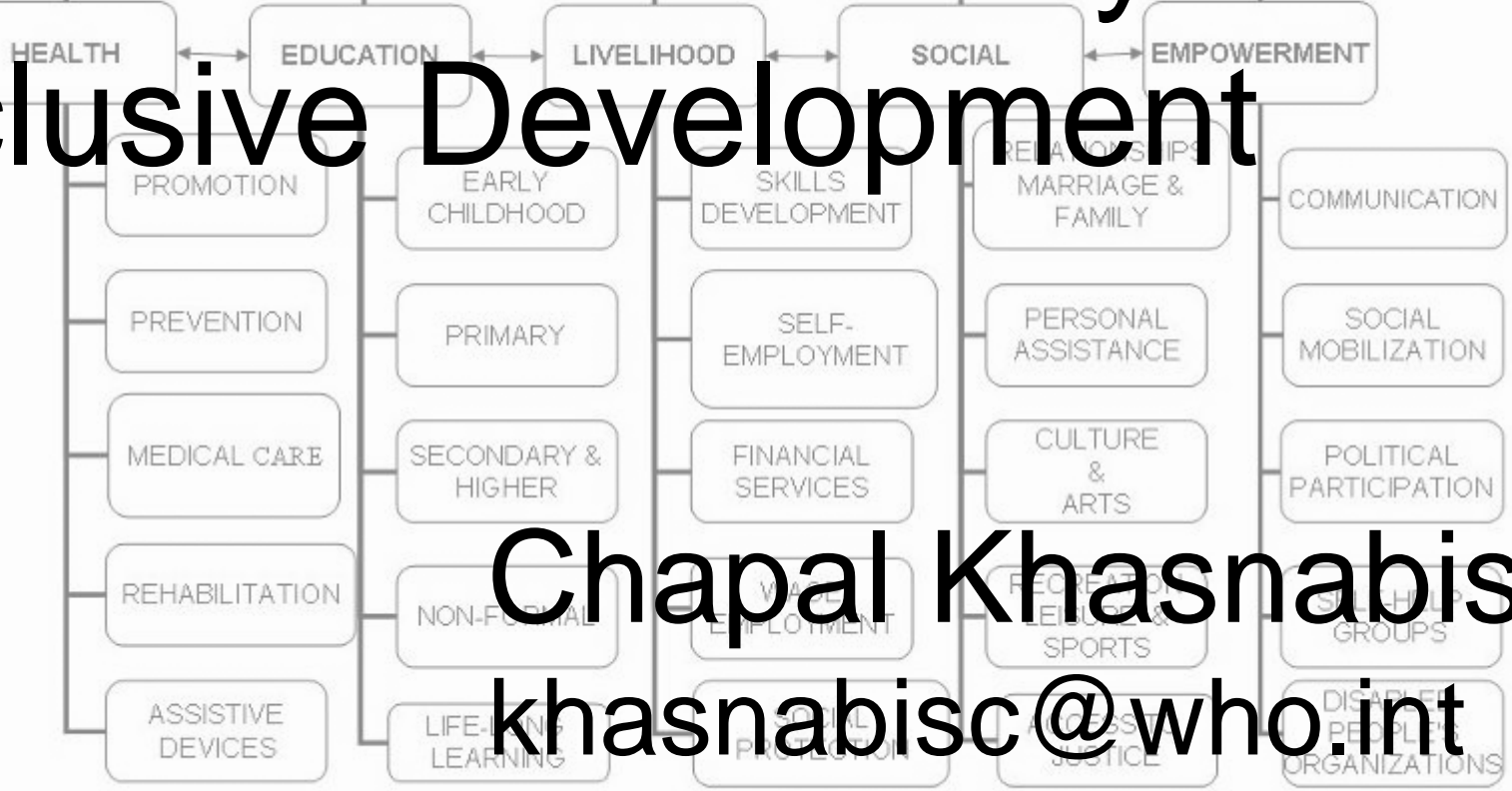


CBR MATRIX

CBR and Community-based Inclusive Development



Chapal Khasnabis
khasnabisc@who.int



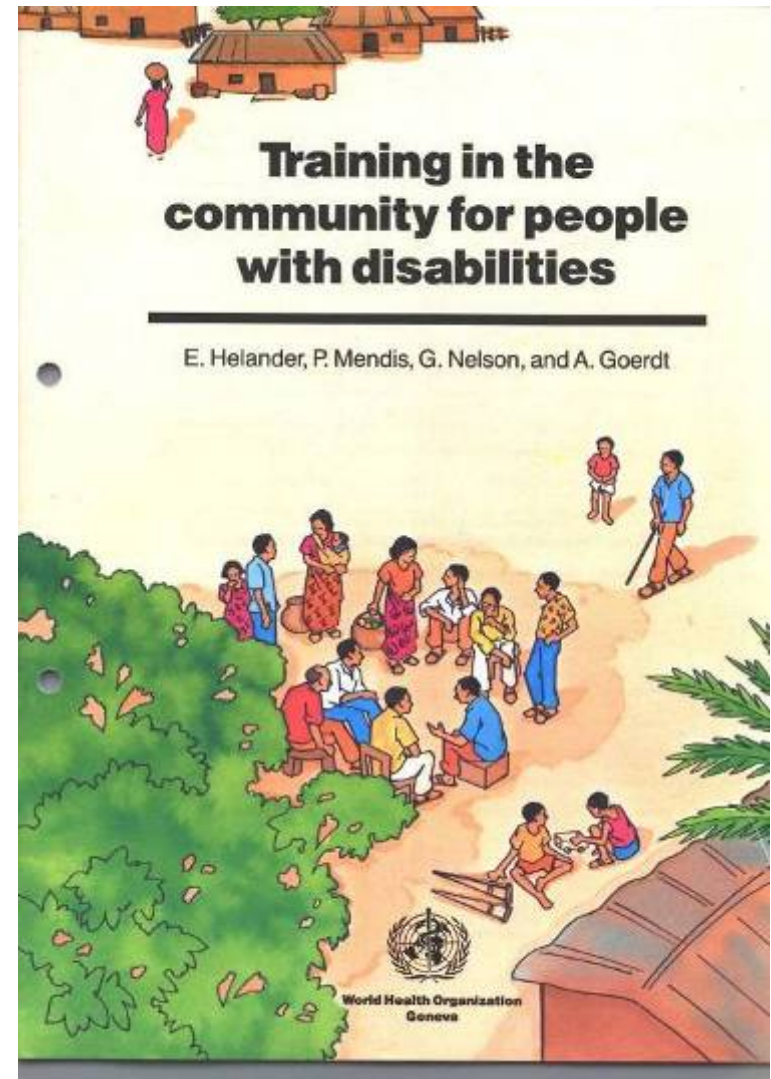
Alma-Ata 1978

- Health For All
- Fundamental Human Right
- Closer to people/
community
- Socio-economic
development
- Partnership with
other sectors

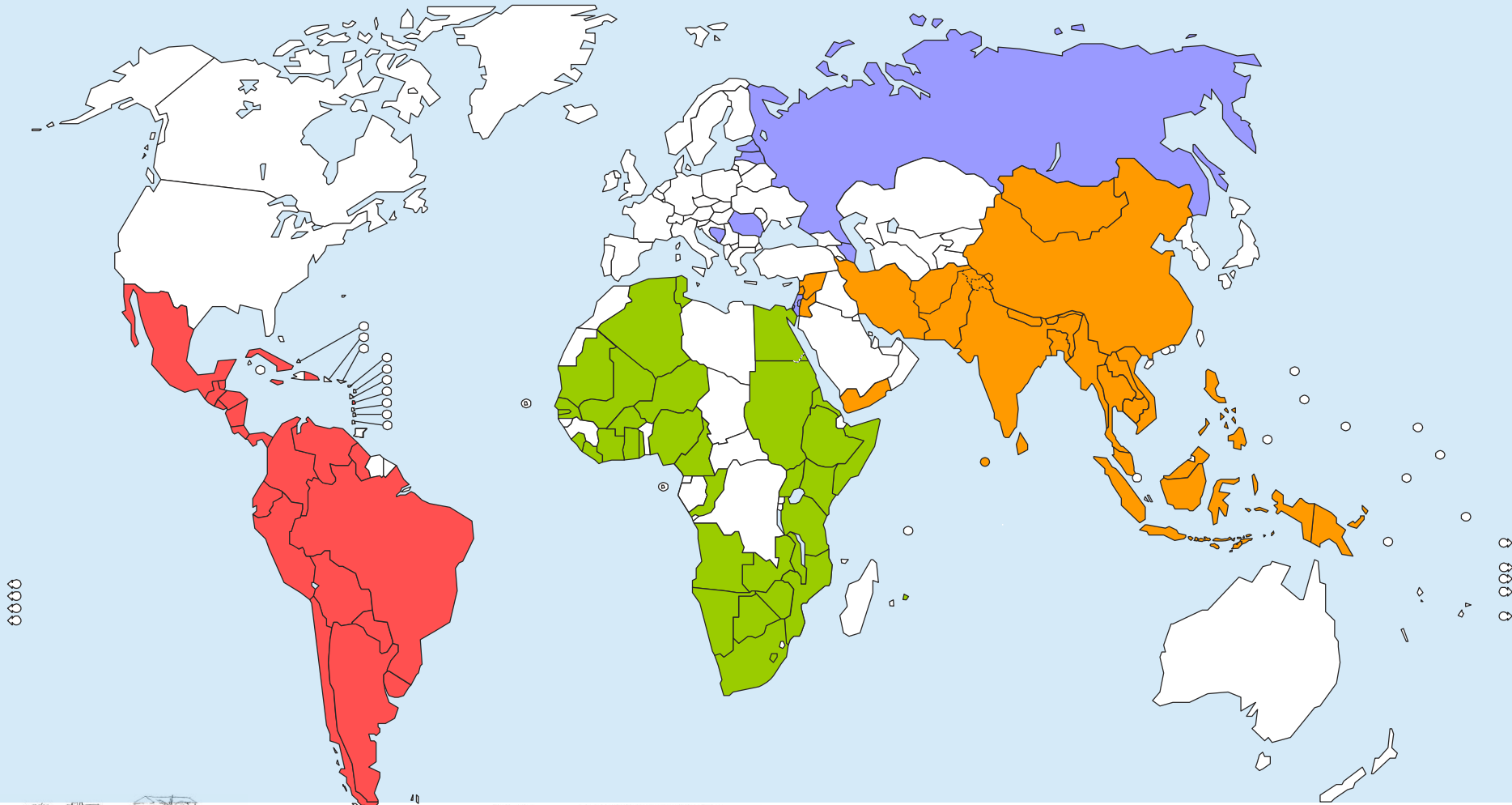


CBR

- Principles of Alma-Ata
- Optimum use of community resources and PHC
- Role of volunteers



CBR is being practiced in more than 90 countries



Common Approach

- n Physiotherapy
- n Assistive devices
- n Corrective surgery
- n Education/schooling
- n Accessible classroom and toilet
- n Accessible environment
- n Vocational training
- n Income to family

Peoples Need

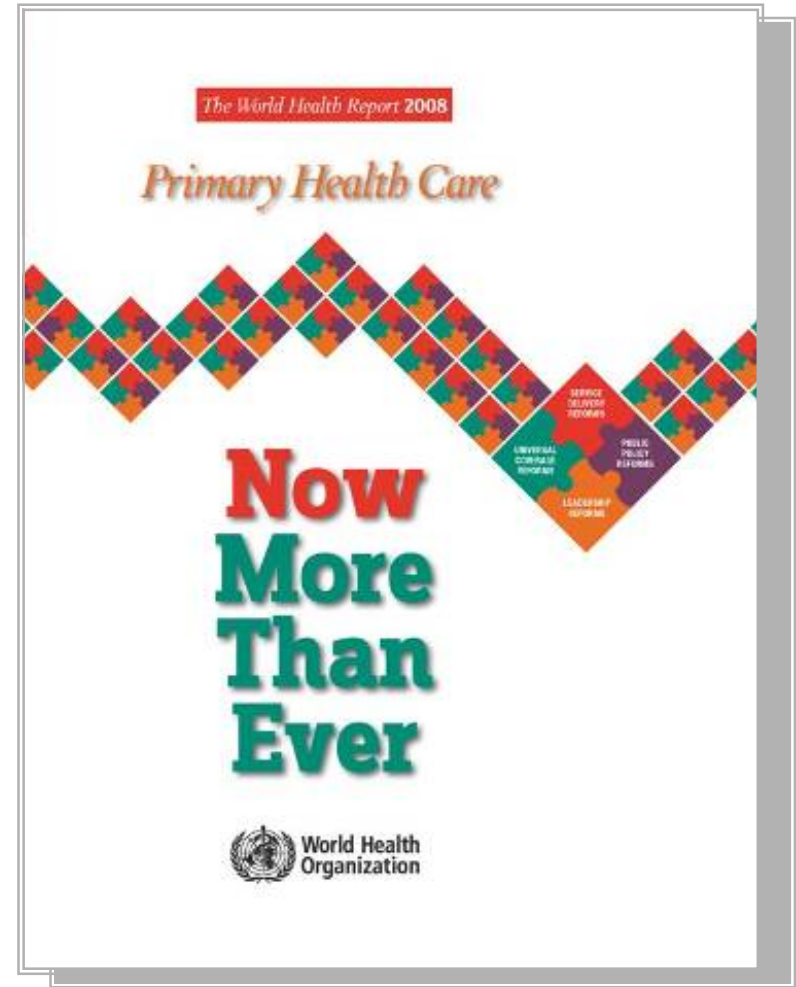
- n Income
- n Food
- n Clothes
- n Better shelter and toilet
- n Water
- n Education - School
- n Treatment or cure
- n Assistive device
- n Exercise





Primary Health Care (PHC)

30 years of Alma-Ata



The emerging vision of PHC

4 areas for reforms

- mobilize beyond the health sector
- give visibility to inequalities
- reach the unreached

UNIVERSAL COVERAGE REFORMS

to improve health equity

SERVICE DELIVERY REFORMS

to make health systems people-centred

LEADERSHIP REFORMS

to make health authorities more reliable

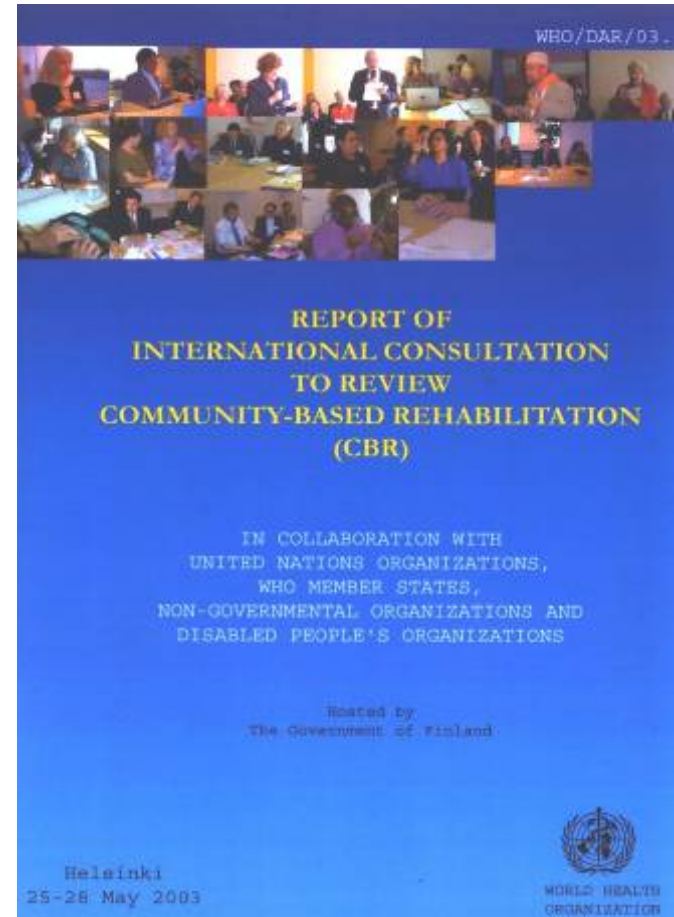
PUBLIC POLICY REFORMS

to promote and protect the health of communities



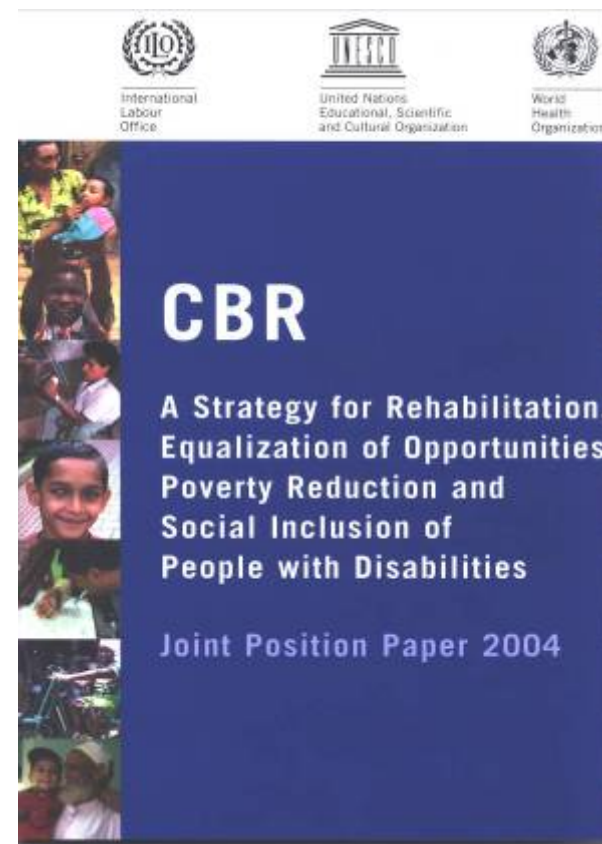
International consultation to review community-based rehabilitation - 2003

- Reduce poverty
- Promote community involvement and ownership
- Foster multisectoral collaboration
- Involve DPOs
- Scale – up – reach the unreached
- Develop evidence-based practice



CBR Joint Position Paper ILO, UNESCO & WHO (2004)

- CBR is a strategy for
 - “ Rehabilitation
 - “ equalization of opportunities
 - “ **poverty reduction**
 - “ social inclusion
- CBR is a multisectoral strategy



Next step in the process



CBR Guidelines

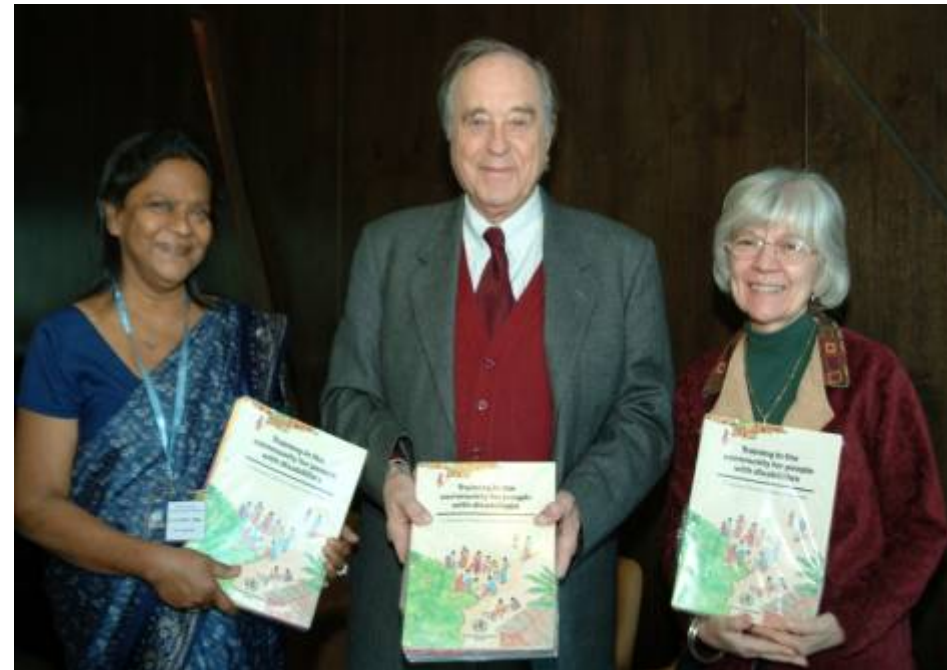


CBR guidelines development process

1st Meeting Nov'04

attended by 65 CBR experts

- **CBR pioneers**
- **Representatives from**
 - **UN Organizations**
 - **Governments**
 - **Leading INGOs**
 - **Disabled People's Organizations**
 - **Professional Organizations**
- **A CBR framework for inclusive development**





ACCESS
- Incl
- Sus
- Self

- HIV/c
- Gender
- Accessib

CBR DRAFTING
TEAM IN ACTION

EQUAL CITIZENSHIP



WE ALL ARE RIGHT
CBR TO REDUCE
POVERTY AND
DISCRIMINATION



COMMUNITY DEVELOPMENT
FROM POLICY TO
PRACTICE

FAMILY AND COMMUNITY
mainstream in develop

- Mental health
family plan
Poverty reduction
MDG

Why
CBR
social policy
user's doc



Pre-ambule
MULTISECTORAL
part of CBR.
lets to education



INCLUSION

- Rights based
- multi sectoral
- other vulner
- social justice



DEFINITIONS
official & Cinc

EQUAL OPPORTUNITIES
EQUAL RESPONSIBILITIES

Inclusive, Integrated, 'Sp
lifelong
Education!



CBR HAS TO ASSIST
IN MEETING
BASIC NEEDS



LISTEN WHAT WE SAY

• ECD
£10

Context
HEALTH
EDUCATION
LIVELIHOOD
EMPOWERMENT
OUTPUT

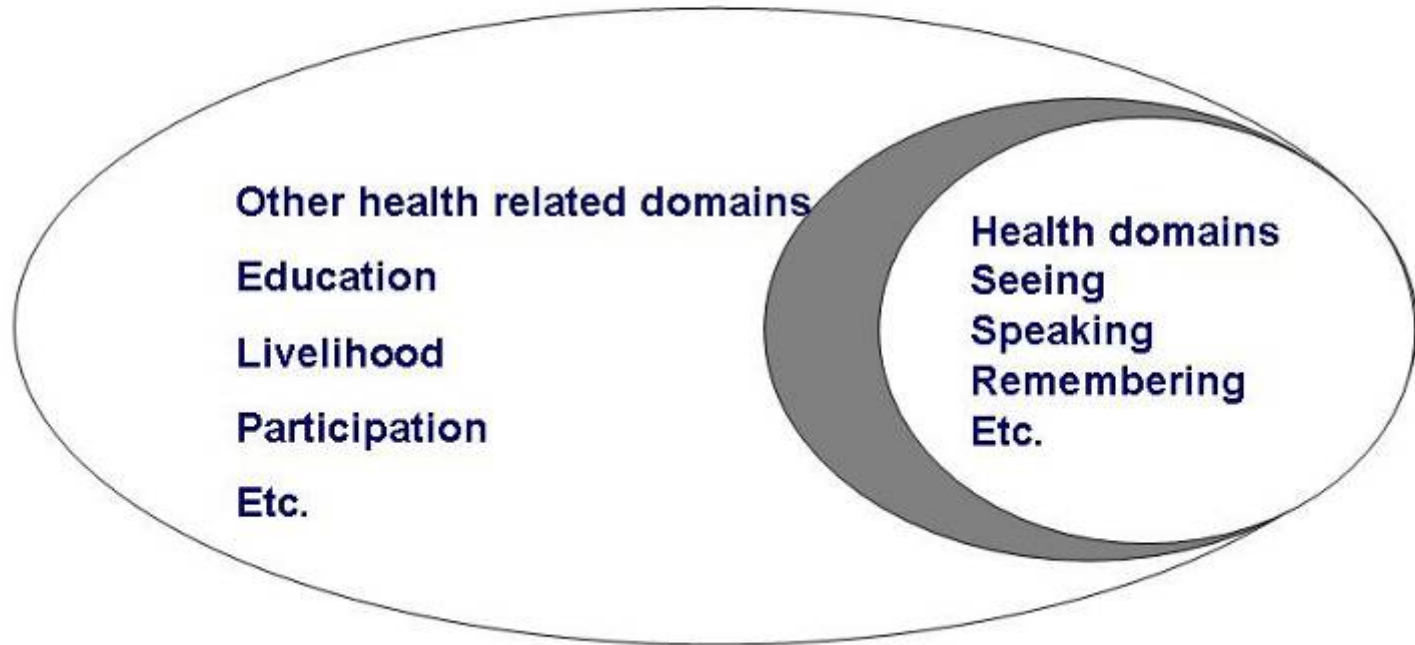


Poverty and Disability

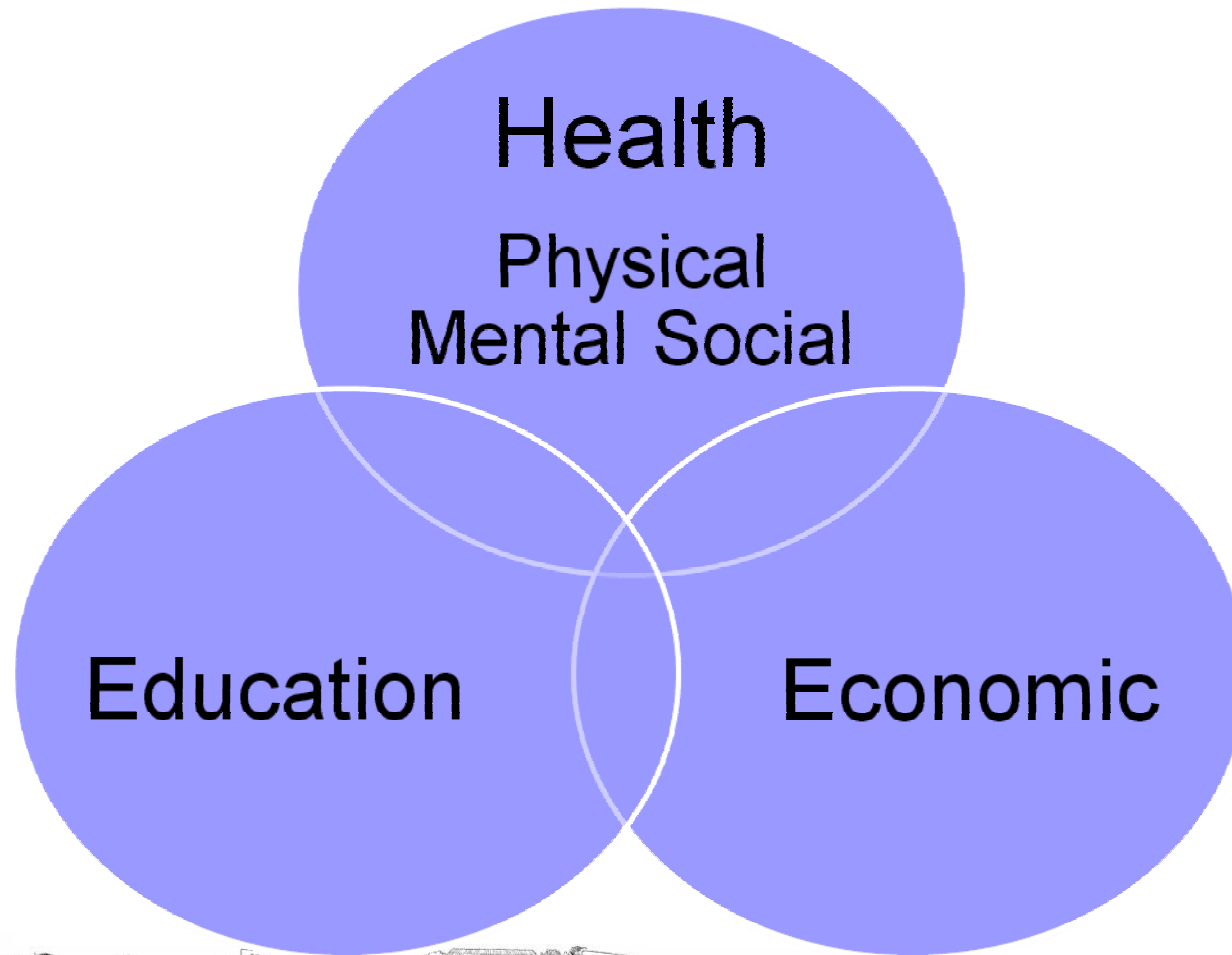
- Majority of disabled people live in chronic poverty
- Poverty is not just the lack of money or income, it has many facets.
- Poverty erodes or nullifies economic and social rights such as the right to health, adequate housing, food and safe water, and the right to education.



The universe of well-being



Total well-being



CBR MATRIX

HEALTH

EDUCATION

LIVELIHOOD

SOCIAL

EMPOWERMENT

PROMOTION

PREVENTION

MEDICAL CARE

REHABILITATION

ASSISTIVE
DEVICES

EARLY
CHILDHOOD

PRIMARY

SECONDARY &
HIGHER

NON-FORMAL

LIFE-LONG
LEARNING

SKILLS
DEVELOPMENT

SELF-
EMPLOYMENT

FINANCIAL
SERVICES

WAGE
EMPLOYMENT

SOCIAL
PROTECTION

RELATIONSHIPS
MARRIAGE &
FAMILY

PERSONAL
ASSISTANCE

CULTURE
&
ARTS

RECREATION
LEISURE &
SPORTS

ACCESS TO
JUSTICE

COMMUNICATION

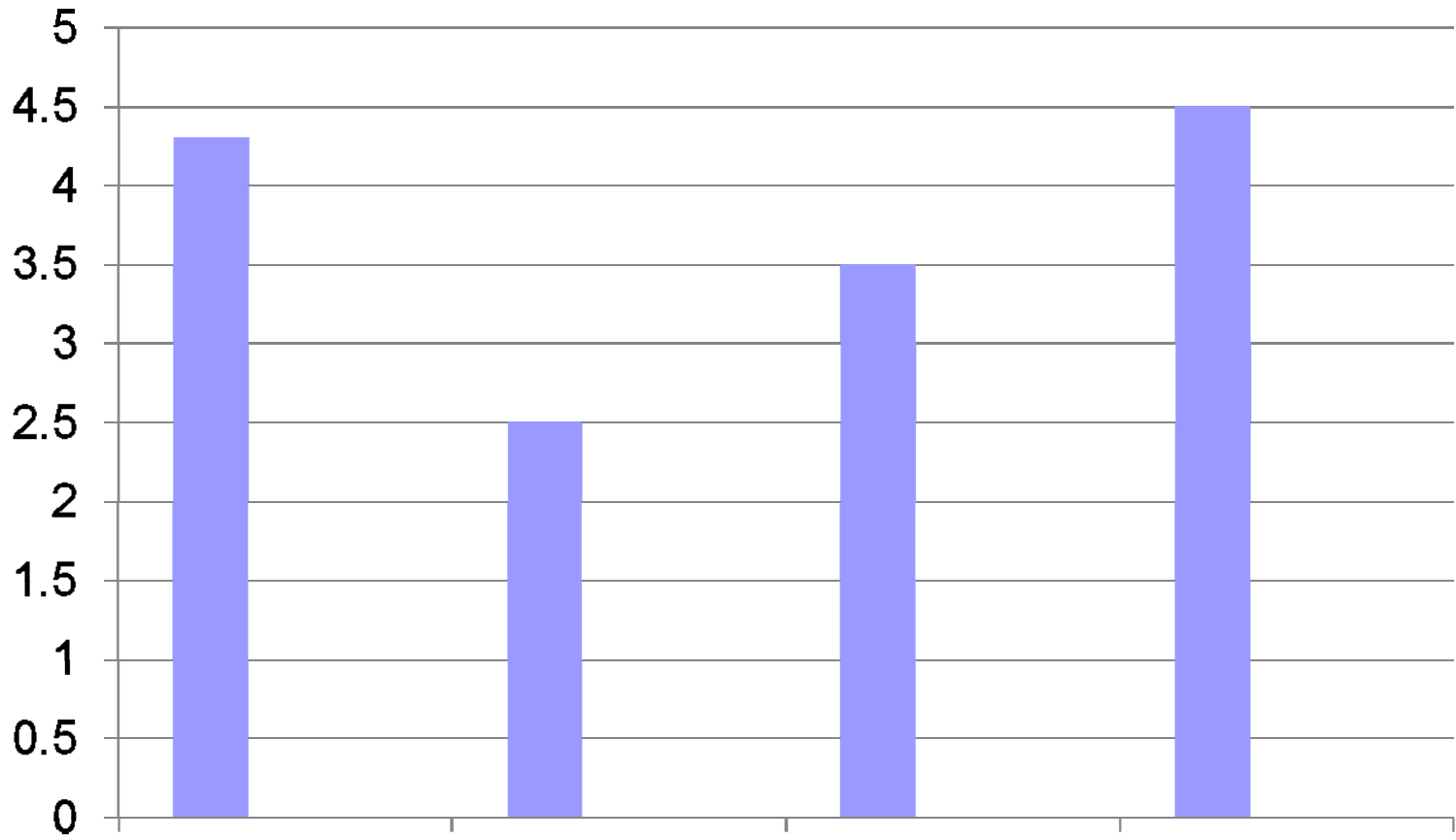
SOCIAL
MOBILIZATION

POLITICAL
PARTICIPATION

SELF-HELP
GROUPS

DISABLED
PEOPLE'S
ORGANIZATIONS





Category 1

Category 2

Category 3

Category 4



CBR Matrix and its Aim

- Assist in **poverty reduction** and its various facets
- Empower to affirm **human rights**
- Promote **quality of life and well-being** of people with disabilities and their families

Facilitate Inclusive Development for people with disabilities and their families.



CBR Matrix

- Focuses on the five key domains (**components**): Health, Education, Livelihood, Social and Empowerment. Each component has five sub-headings (**elements**).
- It is not possible for one organization/department/ ministry to cover all the components; hence it is essential to develop alliances and partnerships with the stakeholders responsible for other elements and components in order to reduce poverty and promote well-being.

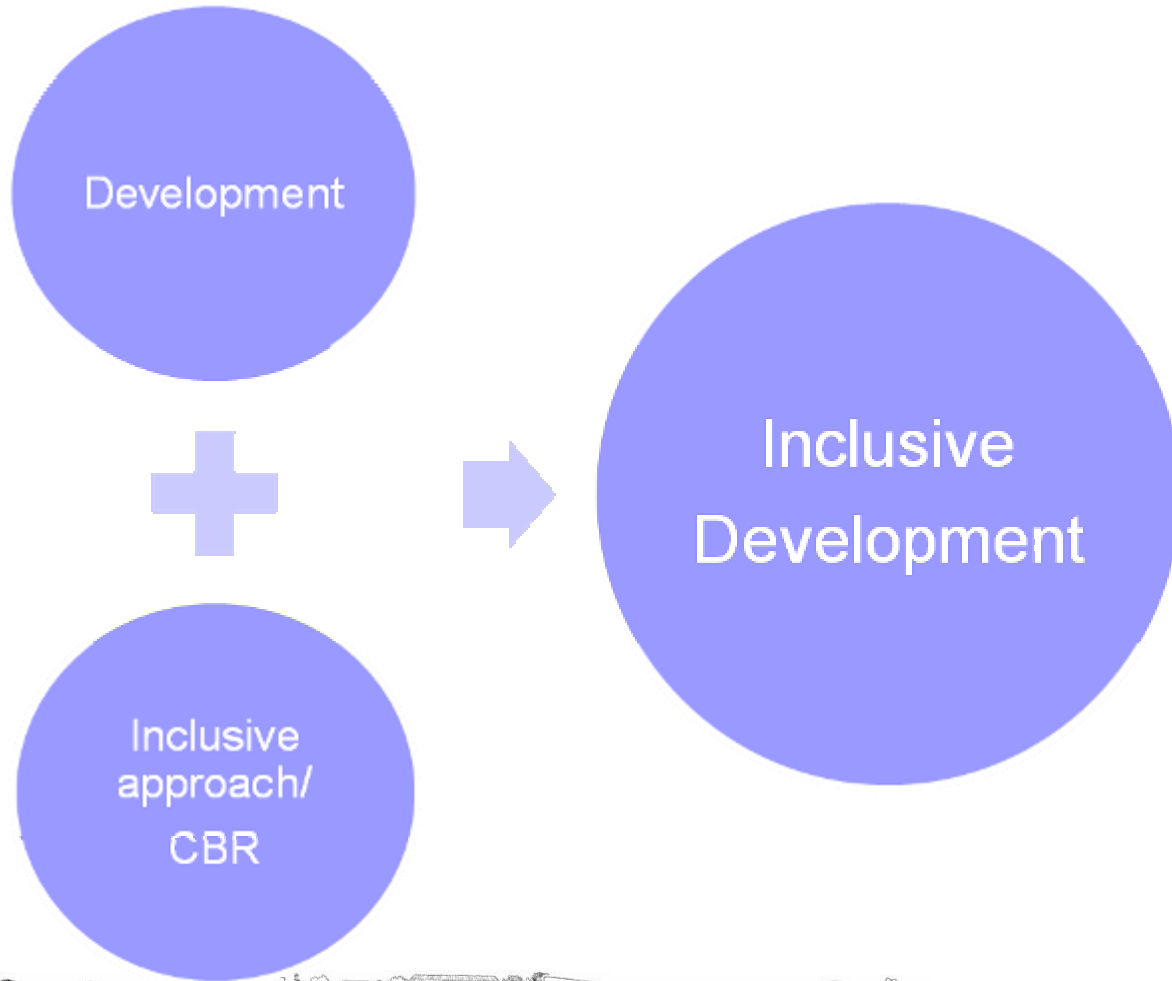


CBR Matrix

- The CBR Matrix focuses primarily on meeting basic needs and then impairment specific needs.
- Special focus needs to be given to ensure women with disabilities and people with complex needs are included in the CBR.
- Work towards inclusive health, inclusive education, inclusive livelihood and inclusive society; needs to be an aim and outcome of any CBR programme.
- **Inclusive Development to achieve Inclusive Society**



Inclusive Development



Inclusive
Health



Inclusive
Education



Inclusive
Development



Inclusive
Society



Society
For
All



Inclusive
Livelihood



Inclusive Development: Capital to Community

- Experiential evidence shows that the benefits of development initiatives often remain with a section of people or in capital/big cities.
- to ensure universal coverage, all development initiatives need to be community centered, community controlled and preferably community owned.
- This ensures that development reaches the poor and marginalized and facilitate more realistic and sustainable initiatives.



Capital to Community

- **Community-Based Initiatives** - bottom-up socio economic development models that rely on full community ownership and intersectoral collaboration.
- **Community-Based Development** - ensures that development taking place within community with active participation of the community to achieve self-reliance.
- **Community Driven Development** - emphasizes community participation and provides an opportunity to integrate the concerns of the disabled into development initiatives.



Community Based Inclusive Development



Community Based Inclusive Development

- Development needs to become inclusive and community-based
- CBR Matrix conceptualizes a vision of community-based inclusive development to ensure people with disabilities living in the community are integral in all development initiatives.
- CBR Matrix facilitates and promotes inclusive development at community level, a bottom up approach to ensure development really becomes inclusive.



Community Based Inclusive Development

- Community-based inclusive development will facilitate development initiatives to become disabled people centered and community centered.
- Address their needs as well as the community and build their capacity
- Remove barriers for active participation and at the same time to promote community action.
- Foster self-reliance, equal rights and opportunities



CBR and Convention

- Both are interlinked. Many articles and general principles of Convention are also integral to CBR.
- CBR is a multi-sectoral, bottom-up strategy to ensure that the Convention makes a difference at the grassroots level, through individual and group empowerment – bringing a change in the community.
- Convention provides the policy and legal framework. CBR provides the operational methodology: the two are mutually reinforcing.

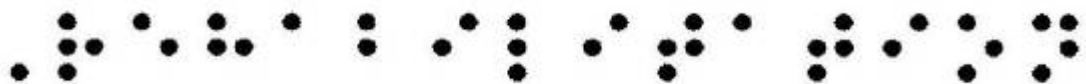
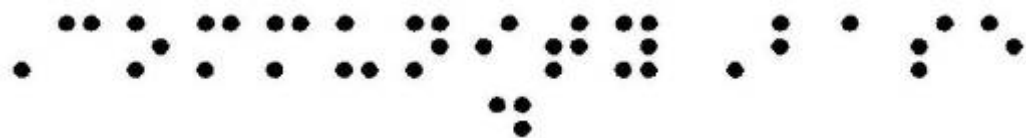


Now More Than Ever

- Realizing the inequalities in health status countries are calling for a radical shift in Global Health policy based on PHC, WHO has called for “**PHC – Now More Than Ever**”.
- Echoing this, keeping the Convention and other International and national legislations/guidelines in mind we need to call for “**CBR – Now More Than Ever**”.



Community-Based Rehabilitation



Thank you – Kapun Khap



